

### Open Daily 9:00am - 6:00pm

By appointment only

Dial extension 2724 or call direct line 305.363.2850

### Our Facilities

The spa includes five individual treatment cabanas, Eucalyptus steam room, a Himalayan Salt treatment room, Waterfront Treatment Tiki, men & women's locker rooms, and a plush indoor relaxation area. Facilities are complimentary to resort guests with spa appointments.

### Spa Reservations

Spa reservations may be arranged directly with the Spa. We suggest booking treatments well in advance for the best selection of appointment times. Once reserved, we will follow up with a confirmation email.

### Cancellation Policy

To cancel an appointment without a charge, please notify us at least 24 hours in advance. If cancelled within 24 hours of your scheduled treatment time(s) or if you fail to show up, the full amount of your spa service(s) will be charged.

### Spa Arrival

Bungalows guests will find the Zen Garden Spa on the ground floor of the Beach House. We invite you to check in 15 minutes prior to your scheduled services to relax in our facilities while preparing for your treatment. Late arrivals will result in an abbreviated service without a price reduction.

To maintain our peaceful Zen Spa environment, we ask that all electronics remain silent.

### Your Concerns

Please advise our Spa Professionals of any medical conditions or concerns which may affect your treatment selections. Some services are not suitable for individuals with hypertension, pregnancy, or specific medical conditions.

### Gratuities

For your convenience, a 22% service charge will be added to each service.

Dial extension 2724 or call 305.363.2850 to reserve

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ZEN GARDEN SPA  
AT BUNGALOWS KEY LARGO

We are pleased to welcome you to our Zen Garden Spa & Boutique.

Our Team of professionals are trained in the latest practices to provide you with the best spa experience. Our Spa Coordinator will guide you through your Zen Garden Spa visit and answer any questions you may have.

Highlights include five outdoor treatment cabanas, bayside waterfront treatment tiki, luxurious men's & women's locker rooms, whimsical state-of-the-art steam room, Himalayan salt treatment room, and plush indoor relaxation area.

Our Zen Garden Boutique features unique gifts, indulgent face & body products by Osea and Kerstin Florian, and resort wear with a Bungalows island vibe, featuring name brands such as Johnnie-O, Sunshine 79 Swimwear, Costa Del Mar Sunglasses, Mickey Lynn Jewelry, Tommy Bahama, and more.

Thank you,

*Zen Garden Spa Team*

# MASSAGES

## Bungalows Signature Massage

A customized massage combining medium touch Swedish and targeted Deep Tissue techniques. Designed to promote relaxation and tension relief of your muscles.

**50 Minutes | 195**      **80 Minutes | 285**

## Bayside Tiki Massage

Find tranquility in our Waterfront Treatment Tiki. Let the beautiful water view take you away to paradise as you receive your customized Bungalows Signature Massage. This experience connects body, mind and nature, making this a memory that will last a lifetime. *Service is subject to weather.*

**50 Minutes | 250**      **80 Minutes | 330**

## CBD Massage

Experience complete relaxation with a full-body light to medium Swedish massage, enhanced by our specially formulated CBD cream infused with arnica. This signature anti-inflammatory cream quickly alleviates muscle and joint pain, allowing you to fully unwind and enjoy this soothing treatment.

**50 Minutes | 225**      **80 Minutes | 315**

## Bamboo Garden Escape

Begin your journey with a peaceful walk through a lush bamboo garden. As you settle into the treatment room, warm bamboo sticks glide over your muscles, releasing tension and encouraging a profound sense of relaxation. Our experienced therapist uses organic Ginger oil to stimulate healthy circulation, lymphatic drainage and muscle soreness. Includes hands on massage for relaxation.

**80 Minutes | 295**

## Zen Aromatherapy Massage

Indulge in a Swedish massage (light to medium techniques), enhanced by your choice of one of our three organic aromatherapy blends: Ginger for invigoration, Neroli Blossom for stress & anxiety relief, or Lavender for ultimate relaxation. To deepen tranquility, our signature hot stones are gently applied to your back, melting away muscle tension and guiding you into a state of blissful serenity.

**50 Minutes | 220**      **80 Minutes | 310**

## Mother To Be Massage

Specifically designed for expectant mothers in their second or third trimester, this treatment uses the soothing benefits of Neroli Oil, extracted from orange blossoms. With its sweet, honeyed scent and subtle spicy undertones, the oil eases tension in the neck, shoulders, back, and feet, leaving you with a sense of renewal, relaxation, and well-being.

**50 Minutes | 220**      **80 Minutes | 310**

### MASSAGE ENHANCEMENTS

- Targeted Enhanced CBD Cream | 40
- Hot Stones | 35
- Foot Scrub | 40
- Hand Scrub | 40
- Aromatherapy | 25
- Paraffin Mitt for Hands | 40
- Paraffin Booties for Feet | 40
- Full FaceWare Red LED Light | 40

# FACIALS

## Sea of Life Facial

A personalized treatment that combines cleansing, hydrating organic Gigartina seaweed and restorative white algae mask. This treatment nourishes your skin with natural botanical oils, delivering essential nutrients, vitamins, and minerals for a radiant, healthy glow. A therapeutic neck, shoulder, and hand massage complete this treatment, providing a peaceful and serene experience.

**50 Minutes | 195**

## Deep Sea Firming Facial

Restore your skin's natural glow with this superior age-defying facial. The cleanest, purest ingredients replete with peptides, hyaluronic acid, and vitamin C give your skin the ultimate boost. A relaxing facial massage, exfoliation, and eye and lip smoothing treatment complete this extensive facial therapy.

**80 Minutes | 285**

## Blur + Repair Sculpting Facial

Rediscover youthful radiance with our luxurious, results-driven facial. This indulgent experience incorporates specialized massage techniques to lift and sculpt your features, enhanced by the infusion of nutrient-rich baobab oil through mask therapy. Rejuvenation continues with collagen-boosting LED light therapy and a reparative lip plumping treatment. Reveal a revitalized, glowing complexion as you blur the signs of aging and rediscover your skin's natural vibrancy.

**50 Minutes | 220**      **80 Minutes | 310**

## Sea the Glow

Achieve a radiant, sun-kissed glow that looks like you just returned from a seaside escape. This indulgent facial features a luminous blue mask infused with marine extracts to deeply hydrate and plump your skin. A glow-enhancing LED treatment and a boost of vitamin C deliver that coveted “just-back-from-vacation” radiance. For an added touch of refinement, an optional gentle peel is available to further enhance your results.

**50 Minutes | 200**      **80 Minutes | 295**

## Hemingway Men’s Facial

Experience the rugged Hemingway facial, a results driven treatment designed specifically for men. This invigorating facial begins with a deep cleanse to remove impurities, followed by a thorough exfoliation that clears away dullness, leaving skin refreshed and refined. Hot towels and targeted massage relax facial muscles, melting away stress and tension.

**50 Minutes | 195**

### FACIAL ENHANCEMENTS

- Eye Lift + Repair LED Light | 35
- Lip Plump + Repair Enhancement LED Light | 35
- Alpha Beta Peel: Sensitive, Universal, or Extra Strength | 35
- Full FaceWare Red LED Light | 40
- CBD Beard Oil | 25
- Wild Gigartina Hair Mask | 25
- Paraffin Mitts for Hands | 40
- Paraffin Booties for Feet | 40

# BODY

## Bungalows Sea Scrub

Revitalize your skin with this invigorating full-body scrub, featuring organic Gigartina seaweed and sea salts sustainably harvested from the pristine waters of Patagonia. This luxurious exfoliation softens and smooths your skin, preparing it for a soothing application of nutrient-rich Undaria Oil and hydrating Ocean Lotion. The experience is completed with a relaxing body and scalp massage, leaving you exfoliated, moisturized, and glowing from head to toe.

**80 Minutes | 295**

# EXPRESS TREATMENTS

*\*Weather permitting. Outdoor accommodations available upon request for \$25.*

## Sun Rescue

Soothe and rejuvenate sun-exposed skin with this refreshing, cooling therapy. Pure aloe vera works to calm redness, replenish hydration, and restore your skin's natural moisture balance, leaving it revitalized. This treatment helps reduce inflammation and supports your skin's recovery, providing the gentle, restorative care needed after a day in the sun.

**25 Minutes | 120**

## Jet-Lag Relief

Begin your vacation with complete relaxation through a light to medium Swedish massage, focusing on your neck, back, scalp, and shoulder area. Ideal for those seeking tranquility and revitalized energy from head to toe.

**25 Minutes | 120**

## Island Foot & Lower Leg Massage

Treat your tired feet and legs to a rejuvenating escape that melts away stress and restores vitality. Soothing massage techniques, combined with targeted acupressure, release tension and improve circulation. Warm oils and sea salt enhance this experience, transporting you to paradise.

**25 Minutes | 120**

# IN-ROOM INDULGENCES

*\*We deliver the products to your front porch, for you to enjoy at your leisure in your luxurious outdoor tub. A fabulous way to celebrate your special occasion.*

## CBD Mineral Soak

Experience deep muscle relief and total relaxation. This kit includes a CBD bath soak with powerful healing properties of CBD & pure magnesium, radiance CBD body oil, and CBD relief cream. Sit back, soak, and enjoy! | **149**

## Aromatherapy Escape Kit

Designed to support your immunity and mental clarity while promoting self-care. This rejuvenating kit includes a mineral wellness soak with eucalyptus, chamomile body spray, and Turkish body scrub. | **100**

## Mineral Soak

Relieve sore muscles and dissolve tension with this soothing kit, featuring ginger bath & body oil, mineral wellness soak infused with eucalyptus, and a rich fub balm cream. | **100**

# PRIVATE FITNESS

Experienced and certified yoga & fitness instructors will tailor your preferred practice to meet your needs, offering hands-on adjustments and assist with appropriate modifications. Your safety & comfort are our priority.

All sessions are 60 minutes in length.

**24 Hours Advance Notice Requested**

## Introduction to Yoga

Step into the basics of yoga with our introduction to yoga session designed to help you relax and build strength at your own pace. You will learn simple poses and breathing techniques that will help you feel more centered and energized. Our experienced instructor will guide you through each step of the practice and provide support as needed. | **300**

## Yin Yoga

A slow-paced style of yoga with postures that primarily concentrate on the connective tissue of the body (fascia, tendons, and ligaments). Most positions are performed seated or in reclined positions and allow for deep stretching to open the hips, spine, and shoulders. Although this yoga may appear passive, Yin Yoga can be quite challenging as you sit with the stillness and depth of each pose. Balance this yoga with a follow up day of “yang” yoga such as Vinyasa or Ashtanga. | **300**

## Restorative Yoga

No experience is necessary in this gentle yoga practice designed to stimulate the “rest & digest” mechanism of the body. Blocks, straps, and bolsters are all used and provided. | **300**

## Power Vinyasa Flow Yoga

A powerful one-hour yoga class for practitioners who prefer challenging, heat-building practice. Recommended for those with some Vinyasa experience. This practice will cleanse body and mind, setting the mood for the rest of the day. | **300**

## Guided Meditation

Bring your focus inward, calming the mind and body. Choose to lie flat or sit as we guide you into a quiet space allowing reflection, awareness, and openness. No experience required. | **300**

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